

# EDEN CAFÉ

Vegan Kiwi Café - World Famous In Witney

**WE HAVE A SELECTION OF PLANT MILKS AVAILABLE, PLEASE ASK A MEMBER OF STAFF FOR A RECOMMENDATION**

## COFFEE

### FLAT WHITE

The antipodean classic - double espresso blended with steamed milk and finished with half a centimetre of velvety micro foam.

**3.20 S**  
**3.50 M**  
**4.20 L**

### LATTE

Double espresso blended with steamed milk and finished with one centimetre of velvety foam.

**3.20 S**  
**3.50 M**  
**4.20 L**

### CAPPUCCINO

Single or double espresso blended with equal ratios of steamed milk and velvety foam.

**3.20 S**  
**3.50 M**  
**4.20 L**

### LONG BLACK

Double espresso poured over hot water.

**2.90 S**  
**3.10 M**  
**3.80 L**

### CORTADO

Double espresso blended with equal parts steamed milk and finished with velvety micro foam. Served in a 6oz glass.

**2.90**

### MACCHIATO

Double espresso marked with steamed milk.

**2.60**

### SHORT BLACK

Double espresso.

**2.30**

### MOCHA

Double espresso blended with steamed milk and our home-made hot chocolate mix and finished with velvety micro foam.

**4.00 M**  
**4.70 L**

### EXTRA SHOT / SYRUP

**1.00 / .60**

## TEA & SPECIAL LATTES

### LOOSE LEAF TEA

LOVE LEAF TEA - English Breakfast, Earl Grey, Japanese Sencha Green Tea, Cranberry & Apple, Chamomile & Lemongrass, Ginger, Perky Peppermint, Rooibos, Decaf.

**3.30 Pot for 1**  
**4.20 Pot for 2**  
**Take-away**  
**2.90 S**  
**3.10 M**  
**3.80 L**

### CHAI LATTE

Steamed milk with spiced chai syrup.

**3.20 M**  
**4.20 L**

### PUMPKIN SPICED LATTE

Steamed milk with home-made pumpkin spice syrup.

**3.50 M**  
**4.50 L**

### COLOURED LATTE

Matcha (antioxidant) or Turmeric (anti-inflammatory) - steamed milk (no coffee).

**3.50 M**

### LUXURY HOT CHOCOLATE

**Enchant-mint** - mint hot chocolate with velvety steamed milk, whipped cream and marshmallows.

**Black Forest** - cherry hot chocolate with velvety steamed milk, whipped cream and marshmallows.

**Biscoff** - Biscoff hot chocolate with velvety steamed milk, chocolate whipped cream, biscoff drizzle and crumble.

**SMores** - caramel hot chocolate with velvety steamed milk, whipped cream, toasted marshmallows and a chocolate straw.

*Our home-made hot chocolate mix is also available to take home*

**4.95 M**

## HOT CHOCOLATE

### STANDARD HOT CHOCOLATE

**Standard Hot Choc** - hot chocolate with steamed milk.

**3.20 S**  
**3.50 M**

**White Hot Choc** - white chocolate syrup with steamed milk.

**4.20 L**

**Why not add whipped cream and/or marshmallows?**

**.60 ea**

**PLEASE ADVISE US OF ANY ALLERGENS WHEN ORDERING**

# EDEN CAFÉ

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ALL OUR FOOD AND DRINKS ARE AVAILABLE TO TAKE-AWAY

## MILKSHAKES & ICED DRINKS

### MARVELLOUS MILKSHAKES

**Banoffee** - bananas, caramel syrup, frappé, topped with whipped cream and caramel sauce.

**'Nutella'** - home-made hot chocolate mix, hazelnut syrup, frappé, topped with whipped cream, choc sauce and chopped nuts.

4.90

### Strawberries & Cream -

strawberries, white chocolate syrup, frappé, topped with whipped cream and strawberry sauce and crunchy strawberry pieces.

### CLASSIC MILKSHAKE

**Banana** - made with real bananas.

**Caramel** - smooth caramel.

**Chocolate** - chocolatey goodness.

**Strawberry** - made with real strawberries.

**Vanilla** - classic but delicious.

4.20

### ICED COFFEE

**Black** - double espresso poured over ice, topped with filtered water.

3.80

**Over Ice** - milk over ice, topped with double espresso.

4.00

**Blended** - ice, frappé and double espresso blended with milk. Becs' favourite with an extra shot.

4.60

**Iced Mocha** - ice, frappé, rich cocoa powder, double espresso blended with milk.

5.00

### ICED COLOURED LATTE

Matcha (antioxidant) or Turmeric (anti-inflammatory) latte over ice.

4.90

Choose your  
plant milk: Soy,  
Oat, Almond or  
Coconut

100%  
VEGAN

## SMOOTHIES

### KĀKĀRIKI [CAR-CAR-REEKY]

Delicious fresh smoothie made with kiwifruit, mango, grapes, pineapple and spinach.

5.20

*Kākāriki is green in te reo Māori. It is also the name of 3 species of NZ parakeets.*

### WHERO [FAIR-ROW]

Vibrant fresh smoothie made with strawberries, blueberries, mango and apple juice.

5.20

*Whero is red in te reo Māori.*

### TROPICAL BREEZE

Summer in a cup. Strawberries, mango and banana.

5.20

## FROM THE FRIDGE

### LEMONAID

Passionfruit (330ml).  
*Sparkling and refreshing.*

3.50

### MAC'S

Sparkling feijoa & elderflower (330ml).  
*What is a feijoa you ask? Some say the most delicious fruit in all the world.*

3.50

### L&P

NZ sparkling lemonade made with lemon and spring water from the town of Paeroa. *World Famous Since Ages Ago!*

2.20 / 3.00

### JUICE - BY THE GLASS

Apple or orange (250ml).

2.50

### CAWSTON PRESS

Elderflower or rhubarb & apple (330ml).  
*Sparkling and refreshing.*

2.20

### KARMA COLA

Cola or ginger (250ml).

2.20

### WATER

Bottled sparkling or still water (330ml/500ml).

1.50

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COLD DRINKS

# EDEN CAFÉ

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What's your favourite  
pancake topping?  
Add any of our ice  
cream toppings to  
your pancakes

ALL OUR FOOD AND DRINKS ARE AVAILABLE TO TAKE-AWAY

(KITCHEN CLOSÉS @3PM SUN-FRI)

## BREAKFAST

### EDEN COOKED BREAKFAST

**The Big Kiwi** - home-made baked beans, tasty tofu scramble, 2 sausages, 2 rashers of 'bacon', 2 golden hash browns and half an avo. Served with toast. **14.95**

**The Average Kiwi (GFO)** - home-made baked beans, tasty tofu scramble, 2 sausages, 1 golden hash brown. **9.95 +.40 (GFO)**

### BECS' BANGIN'

**BREAKFAST BOWL (GF)**  
Home-made baked beans, tasty tofu scramble, baby spinach, quinoa, roast sweet potato, avocado, basil pesto drizzle and sprinkled with nigella seeds. **9.95**

**AVOCADO ON TOAST (GFO)**  
Topped with toasted spiced seeds, pea shoots and baby leaves with a lemon wedge and chilli flakes. **7.95**

*Why not add crumbled feta for a supreme Avo Toast?* **+1.50**

**GFO** **+ .40**

### BAGELS

**BAMT Bagel** - 'Bacon', avo, mayo and tomato. *An Eden Classic!* **6.95**

**Sausage Bagel** - sausages, melted cheddar and sauce of your choice. **(GFO)** - as a toasted sandwich. **+ .40**

**SUPREME BACON BUTTY**  
3 rashers of 'bacon', 1 golden hash brown and sauce of your choice on a soft bun. **5.95**

### ----- SAUCES -----

<b>KETCHUP</b>	<b>BBQ</b>	<b>MUSTARD</b>	<b>CHUTNEY</b>
<b>BROWN SAUCE</b>	<b>MAYO</b>	<b>SRIRACHA</b>	<b>PESTO</b>

**HOME-MADE GRANOLA (GF)** **5.95**  
Our crunchy home-made granola with almonds, gluten free oats, seeds and dried fruit. Served with our fruit compote and yoghurt or milk.

Also available in retail packs

## PANCAKES

### 'WHIPPY' PANCAKES (GFO)

Fluffy Gluten Free pancake stack with Dáppa soft serve ice cream and either:  
- Biscoff sauce and crumble (not GF). **9.95**  
- choc fudge sauce and chopped nuts.  
- strawberry sauce and crunchy strawberry pieces.  
- caramel sauce and apple compote.

### PONSONBY PANCAKES (GF)

Fluffy gluten free pancake stack with either:  
- our blueberry compote and maple syrup. **8.95**  
- fried banana and hazelnut choc spread.  
*Ponsonby is a posh suburb of Auckland with lots of fancy Brunch places.*

### PANCAKE STACK (GF)

Fluffy gluten free pancake stack served with maple syrup or sugar and lemon. **6.95**

Add yoghurt or  
whipped cream  
for +.60

## BREAKFAST DEALS

### MEGA BREAKFAST BOOST

Add a smoothie for just 3.00 when you order anything from the breakfast menu with a hot drink. **+3.00**  
*Available weekdays until 11am*

### BREAKFAST BOOST

Add a side of 2 hash browns to anything on the breakfast menu. **+3.00**  
*Available any time*

### HUMP DAY / PANCAKE DAY

Bring a friend. When both of you order Ponsonby or 'Whippy' pancakes, get a medium coffee, tea or standard hot chocolate each for free. **FREE DRINK!**  
*Available Wednesdays*



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GF = GLUTEN FREE | GFO = GLUTEN FREE OPTION

BREAKFAST



# EDEN CAFÉ

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ALL OUR FOOD AND DRINKS ARE AVAILABLE TO TAKE-AWAY

(KITCHEN CLOSÉS @3PM SUN-FRI)

LUNCH

### SWEETCORN FRITTERS (GFO)

Sweetcorn fritters stacked with baby spinach and 'bacon' served with salsa and Greek yoghurt and sprinkled with nigella seeds.

9.95

### LUNCH BOWL (GFO)

A changing nutritious lunch bowl - check our Specials board for options.

9.95

### EDEN'S FRESH SALADS (GFO)

Fresh tasty home-made salads. Perfect alongside any of our toasties, bagels, wraps or muffins or on their own.

Bowl 9.95  
Side 3.50

*Our Thai noodle salad has been a favourite since Becs' days in the Market with the Eden Café trailer.*

Take-away  
7.95 M  
9.95 L

### HOME-MADE SOUP (GFO)

Made by us with seasonal and fresh ingredients. Ask for today's flavour.

Bowl 5.95

1/2 portion - served in a mug 3.95

Add Granary toast with spread +1.00

Add GF Toast with spread +1.50

### FALAFEL WRAP (GFO)

Hummus, falafel, home-made tzatziki, crunchy slaw and red onion with your choice of sauce (see Breakfast page).

6.95

GFO +.40

### TOASTED SANDWICHES (GFO)

Greek Feast - 'feta', basil pesto, sun-dried tomatoes and spinach. 5.95

Cheddar, Tomato & Onion 5.00

Cheddar 4.50

GFO +.40

### CHEESE & SPINACH MUFFIN (GF)

*When Becs first started selling these delicious savoury muffins from her trailer in the market in 2013 everyone thought she was nuts! A savoury muffin they said?! Now, they can't get enough!*

3.30

SAUSAGE ROLL 1.50



### SALAD AND SMOOTHIE TO GO

Large salad and a smoothie to take-away.

11.95

Available weekdays until 12:30pm

### WRAP, SALAD AND DRINK

Wrap, side salad and any canned drink or bottled water.

10.95

Available Tuesday - Thursday

### ADD A SIDE SALAD

Include a side salad to any lunch item when sitting in.

+2.95

Available Tuesday - Thursday

### ADD A MUFFIN TO YOUR SOUP

Include a cheese & spinach muffin with a bowl or mug of soup. Ask for the muffin to be warmed for an extra cheesy experience.

+2.50

Available any time.



LUNCH DEALS

KIDS

### KID'S FLUFFY

Steamed milk. Add mallows for .40

1.40

### HOT CHOCOLATE

Standard small hot chocolate.

3.20

### JUICE - BY THE CUP

Apple or Orange (200ml).

2.20

### BANANA BERRY SMOOTHIE

Banana, strawberry and blueberries.

2.80

### KID'S MILKSHAKE

Marvellous

3.30

Classic

2.80

See Cold Drinks page for flavours

### LUNCH PLATE (GF)

Carrot and cucumber sticks with hummus, Veggie Straws crisps, banana chips, dried fruit.

5.00

### STICKS & HUMMUS (GF)

Carrot and cucumber sticks with hummus.

3.50

TOASTED CHEESE SANDWICH (GFO) 4.50

GF +.40

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LUNCH

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(KITCHEN CLOSÉS @3PM SUN-FRI)

## SWEET TREATS

### BANANA WALNUT LOAF (GF)

2 slices toasted and served with Vego chocolate hazelnut spread.

3.80

### EDEN BROWNIE (GF)

Our chocolatey brownie with changing flavours. *The orange brownie is a favourite so grab it if you see it!*

3.60

### EDEN COOKIE (GF)

Changing flavours, always gluten free. *Lemon Poppyseed is Becs' favourite. Her American friend Lindsay approves of all flavours.*

2.00

### ANZAC BISCUIT (GF)

An antipodean classic made with oats, coconut and a hint of golden syrup. *Associated with the Australian and New Zealand Army Corps, although never actually sent to troops at Gallipoli (as the myth goes).*

1.50

### CROISSANT

Served with strawberry jam.

2.50

### LOAF CAKE

**Check cabinet for availability**

**Biscoff** - caramel sponge with Biscoff 'buttercream' icing and Biscoff drizzle.

**Orange** - orange sponge flavoured with orange zest with 'buttercream' icing.

*Sometimes chocolate 'buttercream' for a Jaffa Cake experience!*

**Apple (GF)** - spiced with maple drizzle. *Try warm with a side of ice creammm.*

**Carrot (GF)** - succulent carrot cake with 'buttercream' icing and topped with cute dried apricot carrots.

3.30

**Chocolate (GF)** - rich chocolate cake with chocolate 'buttercream' icing.

**Coffee & Walnut (GF)** - walnutty coffee cake topped with espresso 'buttercream' icing and chopped walnuts.

**Lemon Drizzle (GF)** - lemony sponge soaked with lemon syrup and topped with lemon drizzle. *Made with real lemons!*

**Sticky Ginger (GF)** - our very popular spiced sticky ginger loaf. Topped with crystallised ginger pieces.

### CHOC HAZELNUT TRUFFLES

GF and Refined Sugar Free.

2.00

## ICE CREAM

### DÁPPA SOFT SERVE ICE CREAM

*Rich and creamy and made from nuts! (GFO)*

#### CHOOSE YOUR BASE

LARGE (GF)	3.80
SMALL (GF)	3.00
WAFFLE CONE (GF)	3.00

#### CHOOSE YOUR SAUCES

Biscoff	1 for .40
Caramel (GF)	2 for .60
Chocolate fudge (GF)	3 for 1.00
Strawberry (GF)	
Lemon curd (GF)	
Blueberry compote (GF)	

#### CHOOSE YOUR TOPPINGS

ANZAC crumble (GF)	1 for .40
Biscoff crumble	2 for .60
Oreo crumble	3 for 1.00

Chopped nuts (GF)  
Mini marshmallows (GF)  
Mini salted pretzels (GF)  
Salted caramel popcorn (GF)  
Sprinkles (GF) (FREE)

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SWEDISH GLACÉ ALSO  
AVAILABLE (NUT FREE)  
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DÁPPA  
**HAPPY HOUR**  
WEEKDAYS, 3-4PM  
BUY 1, GET 1  
HALF PRICE

PLEASE ADVISE US OF ANY ALLERGENS WHEN ORDERING - ALLERGEN BOOK AVAILABLE

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SWEET